

Pre-Surgical Instructions

- The surgical department will contact you 1-2 days prior to your procedure to confirm instructions and times.
- You must stop taking aspirin, aspirin products including baby aspirin, Plavix, Coumadin or any non-steroidal, non-inflammatory medications seven days prior to your procedure or as directed by your physician.
- Stop taking Vitamin E or any herbal supplements seven days prior to your procedure.
- Nothing to eat or drink after midnight the day prior to your procedure.
- If you normally take blood pressure medication in the morning, you may do so the morning of the surgery with a sip of water.
- Quit smoking. Patients who smoke may be predisposed to more infections. Your doctor can assist you with strategies to help you quit smoking before your surgery.
- If preoperative testing is ordered by your surgeon, Central Scheduling will call you to schedule it.
- You will see your surgeon before you go into the operating/endoscopy room. He will review the surgical procedure with you and mark where the surgical incision will be. Any final questions you may have will be answered at that time.
- Please be advised by hospital regulations certain surgical procedures require a surgical assistant be present to assist your surgeon. If this pertains to your particular case you will be made aware in advance of your operation.
- Wear loose-fitting clothing the day of surgery. Don't wear eye contacts. Makeup, nail polish, or jewelry or bring any valuables with the day of surgery.