

## Jackson-Pratt (JP) Drain Home Care Instructions

Your JP (Jackson-Pratt) drain removes fluid that may collect inside the body after an operation. There is a soft plastic bulb on the end of the drain to create the suction needed to pull the fluid out of your body.

### **To Empty your JP:**

Do this before the bulb gets full. The bulb will not work if it gets too full.

1. Wash your hands.
2. Get a measuring cup.
3. Open JP bulb cap and read the volume collected.
4. Empty the drainage into the measuring cup.
5. Before closing the cap, squeeze the JP bulb as flat as possible.
6. While the bulb is squeezed flat, close the cap. The bulb must be flat in order to create suction.
7. Record the amount of fluid every time you empty your JP. You will need to bring these measurements to your post operative visits.