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**HEALTH HISTORY (1 of 2)**

**PATIENT NAME:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

To help us meet all your healthcare needs, please fill out this form completely. This is a confidential record of your medical history and will be kept in this office.

**Today's Date:** \_\_\_\_\_ **When was your last physical exam?** \_\_\_\_\_

**Referring Physician:** \_\_\_\_\_ **Referring Physician Phone Number:** \_\_\_\_\_

**PAST MEDICAL HISTORY— Have you ever had the following? (Please check "YES" or "NO")**

| <u>MALADY</u>                         | <u>NO</u> | <u>YES</u> | <u>MALADY</u>                         | <u>NO</u> | <u>YES</u> |
|---------------------------------------|-----------|------------|---------------------------------------|-----------|------------|
| AIDS or HIV                           | - - - -   |            | High B/P                              | - - - -   |            |
| Anemia                                | - - - -   |            | Low B/P                               | - - - -   |            |
| Arthritis                             | - - - -   |            | Hemorrhoids                           | - - - -   |            |
| Asthma                                | - - - -   |            | Hernia                                | - - - -   |            |
| Back Trouble                          | - - - -   |            | Infectious Mono                       | -         |            |
| Bladder Infection                     |           |            | Kidney Disease                        | - -       |            |
| Blood/Plasma                          |           |            | Pneumonia                             | - - - -   |            |
| Infusion                              | - - - -   |            | Rheumatic Fever                       | -         |            |
| Bronchitis                            | - - - -   |            | Stroke                                | - - - -   |            |
| Cancer                                | - - - -   |            | Tuberculosis                          | - - -     |            |
| <b>If yes, type of cancers:</b> _____ |           |            | Ulcer                                 | - - - -   |            |
| Diabetes                              | - - - -   |            | Venereal Disease                      | -         |            |
| Epilepsy                              | - - - -   |            | <b>Any other diseases or illness:</b> |           |            |
| Glaucoma                              | - - - -   |            | _____                                 |           |            |
| Heart Disease                         | - -       |            |                                       |           |            |
| Hepatitis                             | - - - -   |            |                                       |           |            |

**PAST SURGICAL HISTORY—**Please list ALL serious illnesses, operations, and other hospitalizations you have experienced (checkboxes) along with type and years these occurred. If uncertain, leave blank.

| <u>MALADY</u>         | <u>TYPE</u> | <u>DATE</u> |
|-----------------------|-------------|-------------|
| Abdominal surgery     | _____       | _____       |
| Breast surgery        | _____       | _____       |
| Colonoscopy           | _____       | _____       |
| Heart surgery         | _____       | _____       |
| Hemorrhoidectomy      | _____       | _____       |
| Hernia surgery        | _____       | _____       |
| Hysterectomy          | _____       | _____       |
| Laryngoscopy          | _____       | _____       |
| Pacemaker insertion   | _____       | _____       |
| Spinal surgery        | _____       | _____       |
| **Any other surgeries | _____       | _____       |

Please list ALL ALLERGIES (food, drug, and environmental):

\_\_\_\_\_



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**HEALTH HISTORY (2 of 2)**

PLEASE LIST ALL MEDICINES YOU ARE CURRENTLY TAKING INCLUDING OTC AND VITAMINS:

**SOCIAL HISTORY:**      Marital Status:      S      M      D      W

|                 |             |                |                                    |
|-----------------|-------------|----------------|------------------------------------|
| <u>ACTIVITY</u> | <u>TYPE</u> | <u>AMOUNT</u>  |                                    |
| Smoking:        | _____       | _____ per WEEK | If former smoker, date quit: _____ |
| Alcohol:        | _____       | _____ per WEEK |                                    |
| Caffeine:       | _____       | _____ per DAY  |                                    |
| Street drugs:   | _____       | _____ per DAY  |                                    |

**FAMILY HISTORY**—Has any blood relative had any of the following? (check box); leave blank if uncertain.

|                      |                     |             |
|----------------------|---------------------|-------------|
| <u>MALADY</u>        | <u>RELATIONSHIP</u> |             |
| Asthma               | _____               |             |
| Cancer               | _____               | Type: _____ |
| Chronic lung disease | _____               |             |
| Diabetes             | _____               | Type: _____ |
| Heart disease        | _____               |             |
| High blood pressure  | _____               |             |
| Mental illness       | _____               |             |
| Stroke               | _____               |             |
| Tuberculosis         | _____               |             |

**REVIEW OF SYSTEMS**—Do you have now or have you had any of these problems within the last year?

|                        |                        |                         |                           |                      |
|------------------------|------------------------|-------------------------|---------------------------|----------------------|
| <u>SKIN</u>            | <u>EYES</u>            | <u>RESPIRATORY</u>      | <u>ALLERGY-IMMUNITY</u>   | <u>PSYCHIATRIC</u>   |
| Rash                   | Changed vision         | Wheezing                | Sinus allergy symptoms    | Anxiety              |
| Itching                | Blurred vision         | Shortness of breath     | Frequent illnesses        | Depression           |
| New skin lesions       | Double vision          | Coughing                |                           |                      |
| <u>MUSCULOSKELETAL</u> | <u>CONSTITUTION</u>    | <u>CARDIOVASCULAR</u>   | <u>HEME-LYMPH</u>         | <u>GENITOURINARY</u> |
| Bone pain              | Fever                  | Chest pain              | Easy bleeding             | Urgency              |
| Back pain              | Chills                 | Cardiac murmurs         | Easy bruising             | Frequency            |
| Joint pain             | Weight loss            | Irregular heartbeat     | Lymph node enlargement    | Dysuria              |
| Muscle pain            | Fatigue                | Dysnea or exertion      | or tenderness             | Nocturia             |
| <u>HEAD</u>            | <u>NEUROLOGIC</u>      | <u>BREAST</u>           | <u>GASTROINTESTINAL</u>   | <u>ENDOCRINE</u>     |
| Sinus pain             | Seizure                | Skin rash               | Nausea                    | Polyuria             |
| Headaches              | Tingling               | Nipple discharge        | Vomiting                  | Polydipsia           |
| Vertigo                | Numbness               | Nipple inversion        | Diarrhea                  | Cold intolerance     |
| Lightheadedness        | Tremors                | Skin dimpling/puckering | Constipation              | Heat intolerance     |
| Recent head injury     | Change in coordination | Lumps                   | Changed bowel habits      | Weight gain          |
|                        |                        | Tenderness              | Blood in stool            | Weight loss          |
|                        |                        |                         | Change in abdominal girth |                      |