

Excision of Lumps

You will most likely have only had local anesthesia, so you may drive yourself home provided your mobility is now affected and you are not taking narcotics.

Incision Care:

Some pain, as well as bruising, around the surgical site is expected and anticipated. This should resolve in a few days.

You may remove the outer dressing the next morning to shower. (Avoid baths or hot tubs for a few days.) You likely have small pieces of tape (steri-strips) over your incision. These will naturally fall off over time, do not manually remove them.

Diet:

You may resume a regular diet when your return home.

Medication:

Please be sure to take all medications that you usually take on a regular basis. However, it would be a good idea to avoid, Motrin or Advil for five days after your operation.

Pain medication may be prescribed for you; you may take it as needed. You should avoid driving, operating heavy equipment when taking narcotics. It is unlikely you will need painkillers for very long.

Activity:

Treat the surgical site gently and take care to keep the area clean and dry when not showering.

Call the office at (815) 744-0330:

- If you have bleeding from the surgical site that requires more than two dressing changes.
- You develop a fever of 101 degrees or higher following the day of surgery.
- If you have any other problems or concerns.